



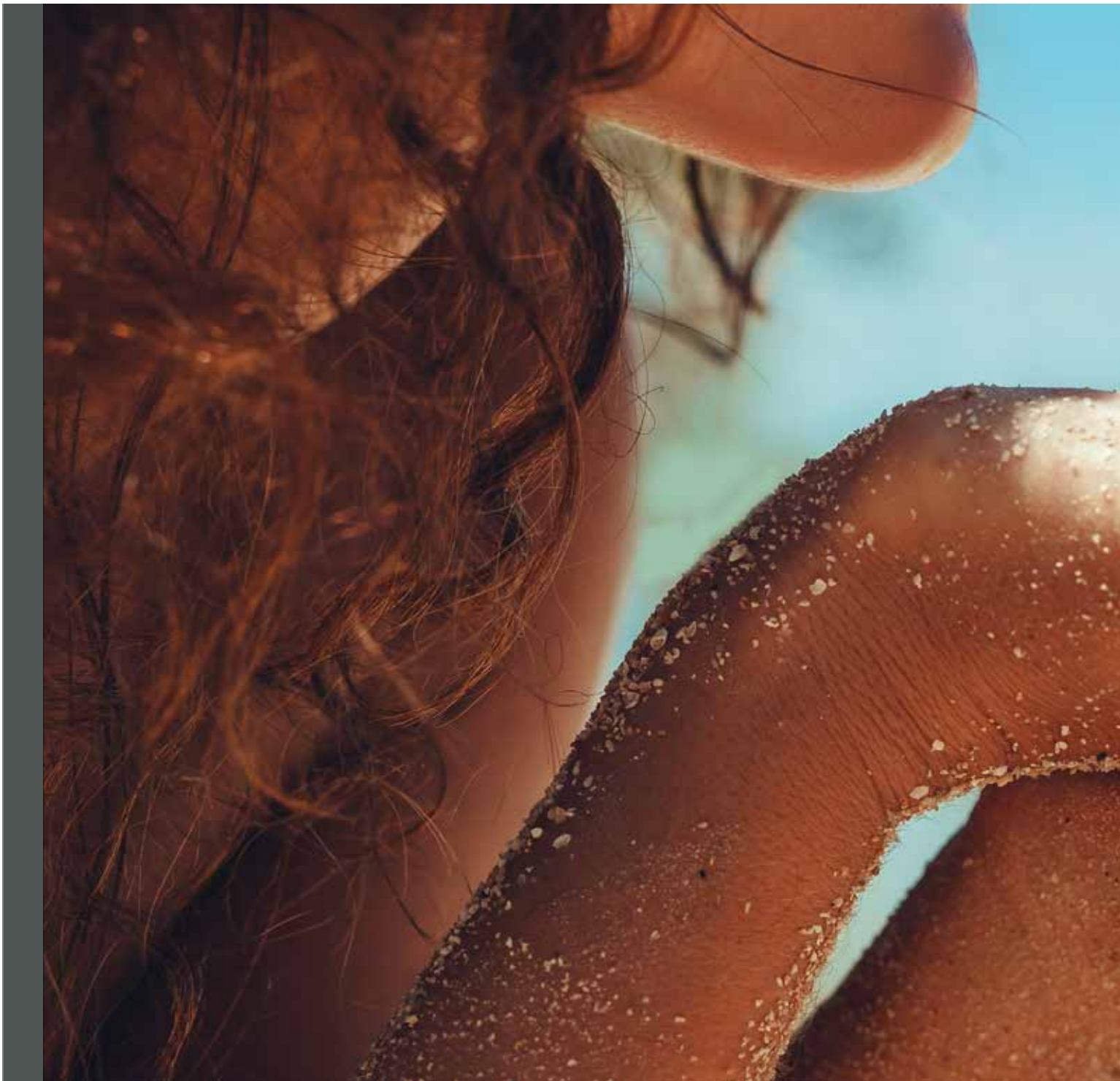
SONESTA

SINT MAARTEN



SERENITY SPA

SINT MAARTEN



SERENITY COMES IN MANY FORMS.
PERHAPS IT'S THE MAGICAL WAY YOU HAVE ARRIVED,
LANDING OVER OUR GLORIOUS WHITE SANDS.
OR IT COULD BE THE TIME THAT YOU'VE SET ASIDE
FOR YOURSELF DURING THIS VACATION.

WE HONOR THAT TOO.



THIS IS THE BEGINNING
OF A JOURNEY FOR YOUR SOUL
SO LET US HELP YOU
CONTINUE YOUR ESCAPE
IN THE TRANQUILITY OF SERENITY SPA
THE PATH TO YOUR MIND, BODY AND SOUL CONNECTION.

MASSAGES

*All massages are full body massage unless otherwise indicated with an **

ALOE BODY MASSAGE

Does your skin feel sunburn or dehydrated? Then this is the perfect massage for you. Enjoy this gentle aloe massage which helps to sooth and heal while hydrating your skin.

40 mins \$90

TRANQUILITY MASSAGE

Experience a true state of mindfulness and enjoy a tranquil escape. This massage begins with a mango and coconut back scrub followed by long flowing massage strokes which allow the mind and body to relax. This massage will surely ease you into vacation mode. This is not a deep massage.

60 mins \$130

90 mins \$180

DEEP TENSION RELIEF MASSAGE

This massage allows your therapist to perform deep, targeted work which helps to loosen up kinks and knots through gentle stretching and deep muscle manipulations. It includes an aromatic mud mask on the back which helps ease stiffness, tightness and sore muscles. If you enjoy a deeper massage, this is the massage for you.

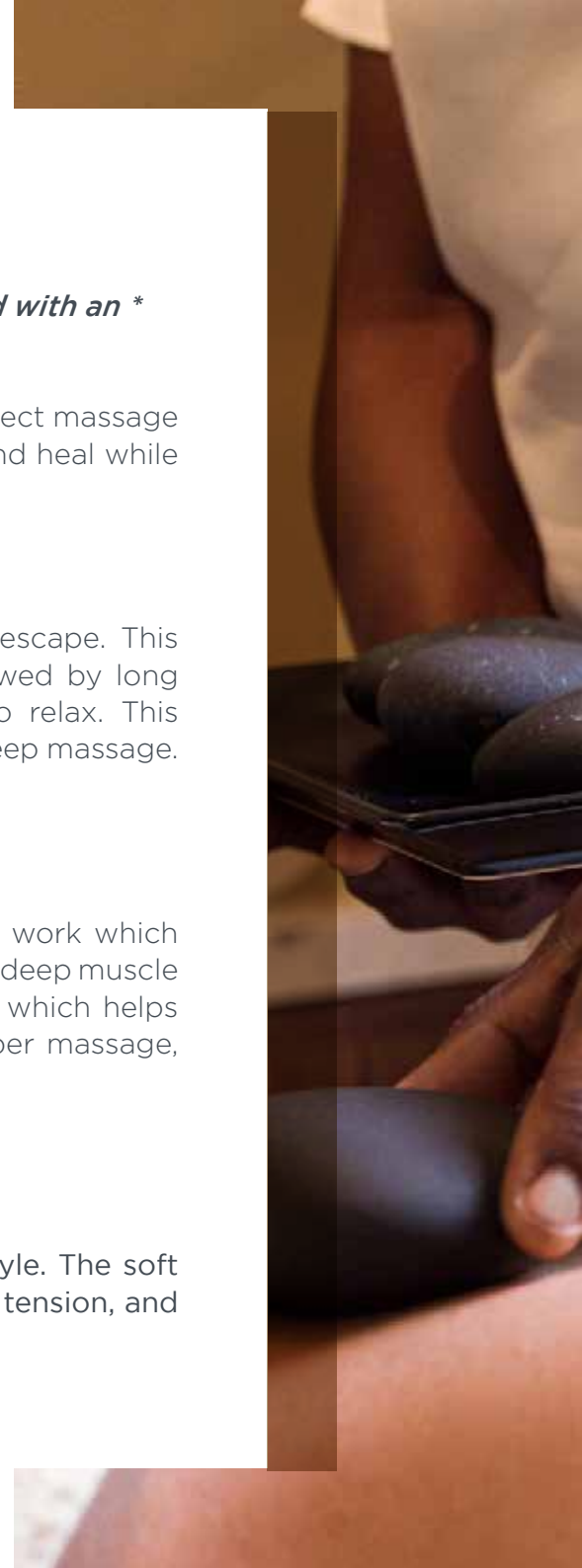
60 mins \$145

80 mins \$185

***SPORT MASSAGE FOR LEGS**

This massage is ideal for people with a physically active lifestyle. The soft tissue manipulation aids in muscle recovery, relief of muscular tension, and reduce pain.

60 minutes \$130.00



WARM STONE MASSAGE

Combine the relaxing warmth of the stones with Swedish massage techniques and you get a massage that will soothe your aching body, increase your sense of calm and detoxify your body.

90 mins \$190

SERENITY BLEND MASSAGE

This is the ultimate experience in massage enjoyment. A blend of Hot Stone, Tension Relief and Tranquility massage techniques leaves you feeling like you are floating on a cloud of serenity.

60 mins \$160

90 mins \$190

COUPLES MASSAGE

Let the love flow as you and that special someone enjoy this moment together while your therapist works to relieve stress from your body with a combination of techniques from the deep tissue and tranquility massages.

60 mins \$260 per couple

MOM-TO-BE-MASSAGE

This massage focuses on giving you, mother-to-be, the special attention you need. It will reduce anxiety, relieve muscular aches and joint pain, and help nurture the new life that is growing within. Not recommended for first trimester. A letter from the doctor is required.

60 mins \$135

IN-ROOM MASSAGE

Enjoy a therapeutic massage in the comfort of your room. Let your skilled therapist work to relieve tension in your body. Reservation required 24 hours in advance.

60 mins \$190

90 mins \$240

SAUNA AND STEAM ROOM

Whether you prefer dry or moist heat or both, this experience is great for relieving stress, muscle relaxation, workout recovery, improving circulation and detoxification.

\$25

***FEET REFLEXOLOGY AND LEG CIRCULATION MASSAGE**

This is heaven for your feet and legs. Your treatment begins with an invigorating foot scrub which will stimulate nerves, followed by a foot reflexology and leg massage designed to ease aches, decrease swelling and increase circulation. Excellent for people suffering from edema or if you enjoy a great foot massage.

60 mins \$135



FACIALS

CLASSIC FACIAL

This cleansing facial is designed to improve the look of the pores, soften the skin and leave you glowing. It includes a detoxifying steam; cleansing; a face, neck and shoulder massage; extractions, and a lightening mask to bring instant radiance to your skin.

55 mins \$120

MEN'S FACIAL

Specially created to nurture a man's skin. Whether it is dry, sunburned or environmentally stressed skin, this deep cleaning facial will leave your skin smoother and healthier. A series of relaxing massage techniques for head scalp and shoulder completes this facial.

55 mins \$120

HYDRACARE FACIAL

Dull, dehydrated surface skin cells are removed allowing the penetration of a rich vitamin base mask that gives you immediate results. The perfect facial for dry lackluster skin.

55 mins \$130

BREAKOUT FACIAL

Is your skin acting up? Then this is the facial for you. Combined with a deep cleanse, the healing ampoule and soothing mask detoxifies your skin while calming irritation and redness to leave your skin clean and vibrant, and control future breakout.

75 mins \$150

BACK TREATMENT

This treatment is great if you are experiencing breakout on your back. Begin with a gentle hot steam towel and full cleanse of the back to remove impurities followed by exfoliation and extractions (if needed). It includes a relaxing neck and back massage.

55 mins \$120

CUSTOMIZE YOUR FACIALS WITH THESE ADD-ONS:

ANTI-AGING TREATMENT

An intense anti-aging treatment with the latest high-tech formula, to reduce fine lines, strengthen elasticity and restore a youthful, radiant appearance as your skin is renewed.

25 mins \$45.00

MICRO RETINOL TREATMENT

An excellent treatment for minimizing pigmentation, refining and resurfacing uneven skin texture. Serving as an expedited delivery system, micro-retinol allows to energize the basal layer and restore the skin cells normal functions.

25 mins \$45.00

DÉCOLLETÉ TREATMENT (NECK AND CHEST)

Your décolletage is frequently on display, especially when you wear an open shirt or have a plunging neckline. So why not give it the much-needed attention it deserves with this treatment which focuses on the skin's premature aging and pigmentation.

15 mins \$25

EYE TREATMENT FOR PUFFINESS **15 mins \$25.00**

EYE TREATMENT FOR FINE LINES AND WRINKLES **15 mins \$25.00**

EYE TREATMENT PUFFINESS, FINE LINE AND WRINKLES **15 mins \$35.00**



SERENITY POINT GAZEBO MASSAGES

CHOOSE YOUR SENSORY JOURNEY FOR YOUR MASSAGE BELOW

Let the different blends of aroma melt your senses while the peaceful sound of the waves carry you on a journey that can only be described as incredible.

SWEET ORANGE AND BERGAMOT (SWEET)

Reduce anxiety, relax your muscles and calm your nerves while also stimulating your immune system with sweetness

LEMON AND PEPPERMINT (REFRESHING)

Uplift your mood and energize your body with this refreshing blend

SANDALWOOD AND LAVENDER (EARTHY)

A mind and body escape. Feel more grounded and ease tension with this journey of peace.

ISLAND FLOW MASSAGE

If you are looking to unwind, then let the ocean breeze take you away as you say 'ahhh' to this slow, relaxing massage which targets the inner layers of your muscles and connective tissues to alleviate muscle tension.

60 mins \$150

90 mins \$190

COUPLES OCEAN BREEZE MASSAGE

Just like the soothing sounds of the ocean, this combination of massage techniques balances your energy and releases mind and body stress while rekindling the flame of love.

60 mins \$300 per couple

EXPRESS SPA SERVICES

NECK AND BACK MASSAGE

If your back and shoulders are the parts of your body where you tend to carry your tension or feel pain and discomfort, then this massage is for you. It helps to ease stiff neck, lower back pain and promotes relaxation.

30 mins \$85

HOT STONE BACK AND LEGS MASSAGE

Combine the relaxing warmth of the stones with the Swedish massage techniques and get a massage that will soothe your aching body, increase your sense of calm and detoxify your body.

40 mins \$105

LIGHT AS AIR FOOT MASSAGE

Tired feet? Then this is the ideal massage for you. A special blend of oils are used to relieve sore feet and promote relaxation.

30 mins \$70

HEAD SCALP AND SHOULDER MASSAGE

This massage evokes relaxation, relieves stress and tension headaches, increases circulation and reveals a sense of calm to your mind.

30 mins \$75

MINI FACIAL

If you are looking for a facial to boost your skin, then this is the perfect facial for you. It will help renew your skin cells by increasing blood and oxygen circulation while leaving the skin refreshed and relaxed. *Extraction and steam not included.*

40 mins \$95

BATH AND BODY TREATMENTS

SEAWEED WRAP

Rich in minerals and antioxidants, this wrap firms, hydrates and re-mineralizes skin while boosting the eliminations of toxins from your body while enhancing your skin's overall appearance.

75 mins \$160

AROMATIC MOOR MUD WRAP

Our Aromatic Moor Therapeutic Mud Wrap uses a holistic, healing black magma that dates back to ancient civilizations and works with vital vitamins and minerals to soothe sore muscles, relieve stress, and repair the skin. This treatment is ideal prior to a massage for longer lasting ease of tension, healing acne or simply as a sole therapy.

75 mins \$160

LAVENDER AND HONEY BODY WRAP

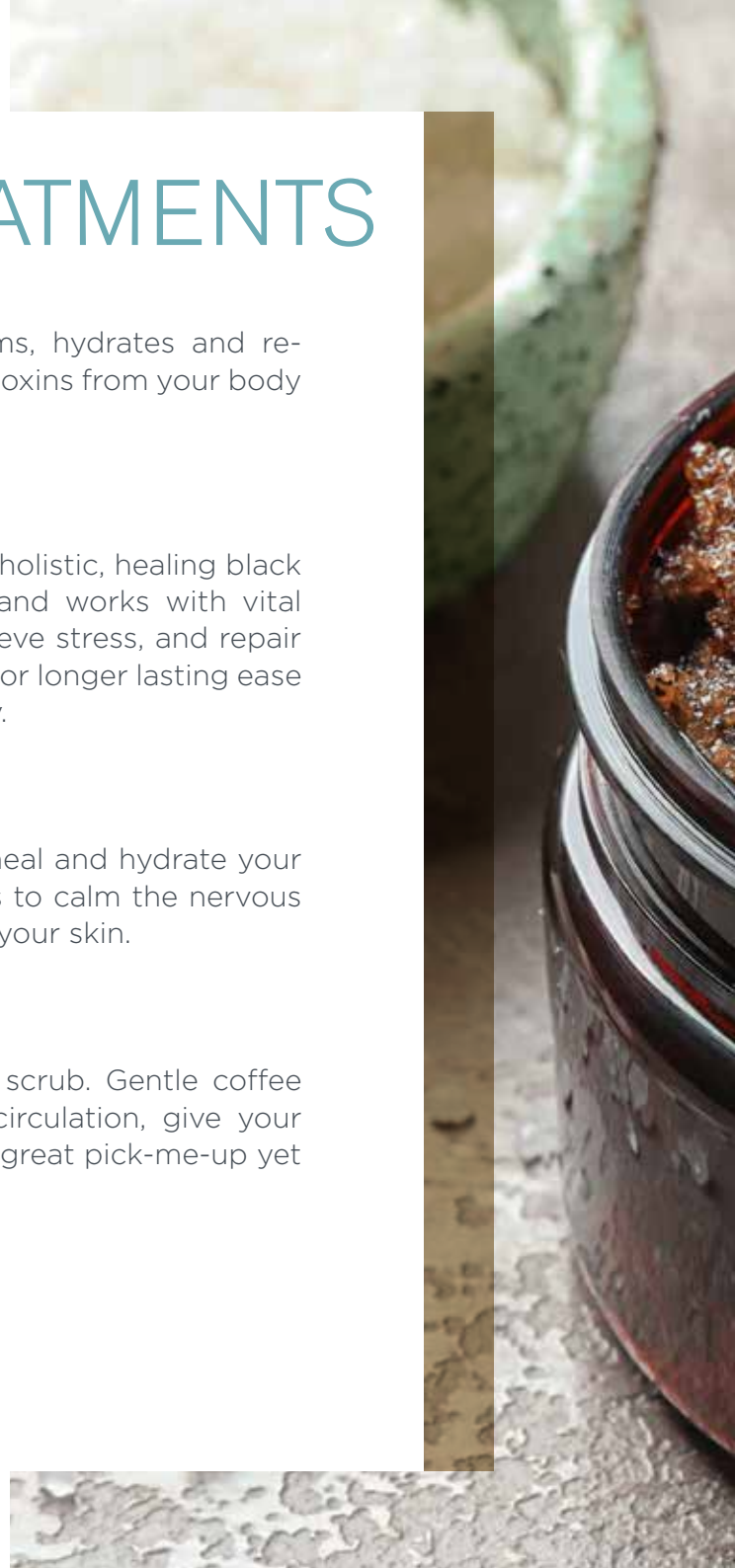
Enjoy this nourishing cocoon designed to sooth, heal and hydrate your skin. The therapeutic properties of lavender helps to calm the nervous system while the oats and honey heal and nourish your skin.

75 mins \$160

ISLAND COFFEE SCRUB

Feel more energized with this invigorating body scrub. Gentle coffee granules and sugar beads improve your blood circulation, give your skin a more even tone and rejuvenate your soul. A great pick-me-up yet relaxing scrub experience.

55 mins \$125



TROPICAL ESCAPE BODY SCRUB

Transcend into the beautiful aromatic world of Serenity Spa during this anti-aging exfoliation. French sea salt and organic fruit extract enriched in pro-Vitamin A and carrot seed oil are applied to your skin recreating the seawater ambiance. This revolutionary anti-aging, salt mousse refines your skin unlike any other exfoliation treatment. You will enjoy a silky-smooth and remineralized skin.

55 mins \$125

MANGO & PASSION FRUIT SALT GLOW

Ocean minerals gently exfoliate dead skin cells to reveal incredibly softer and more radiant skin. You will feel invigorated and your skin ultra-luscious.

55 mins \$125

HYDROTHERAPY BATH

Our hydrotherapy bath is customized to your needs. Whether your concern is pain relief, or muscle fatigue, or you are just in need of detox and relaxation, this warm bath will leave you feeling immediately renewed. Enjoy a refreshing healthy drink and fruit plate while you allow the warm water and essential oils de-stress you. A hydrating moisturizer is applied to your skin at the end of your experience.

60 mins \$120

ADD-ONS

Add to any body treatment

Bath

20 mins \$45 (excludes the fruit plate)

Neck and Back Massage

25 mins \$55 (not a standalone treatment)

SPA PACKAGES

GENTLEMEN'S RETREAT

Deep tension relief massage, foot scrub and gentleman's facial

2 hours \$ 239

GLOW PACKAGE FOR HER

Tranquility massage, foot scrub and classic facial

2 hours \$225

ISLAND INDULGENCE

- Deep tension relief massage
- Hydrotherapy bath

100 mins \$210

HEAVENLY ESCAPE

- Mango and Passion Body Scrub
- Lavender and Honey Body Wrap
- Mini Facial
- Neck and Back Massage
- Foot and Calves Massage

3.5 hours \$419

RENEW

Coffee and sugar scrub and Tranquility massage

90 mins \$170

SCRUB AND WRAP COMBO

Begin with a body scrub of choice to remove dead surface skin cells followed by the wrap of your choice. This will improve your skin texture while leaving you feeling relaxed and rejuvenated.

90 mins \$195



COUPLES PACKAGES

ENCHANTED COUPLES ESCAPE

Show your romantic side and pamper yourself with that special someone while heightening your senses and igniting the flame of love.

40 mins tranquility massage

15 mins foot scrub and massage

55 mins \$200 per couple

COUPLES KISS

Feel refreshed and relaxed as you share space and time with each other. You will leave with a refreshed and relaxed kissable face.

20 mins foot and calves massage

30 mins neck and back massage

10 mins hydrating face treatment

Glass of Champagne

60 mins \$240.00 per couple

CHAMPAGNE DREAMS

Love is in the air with this flutter of romance experience.

60 mins Tranquility Massage

30 mins bubble bath

Champagne and savor exotic fruits

90 mins \$350 per couple

COUPLES ROMANTIC BATH

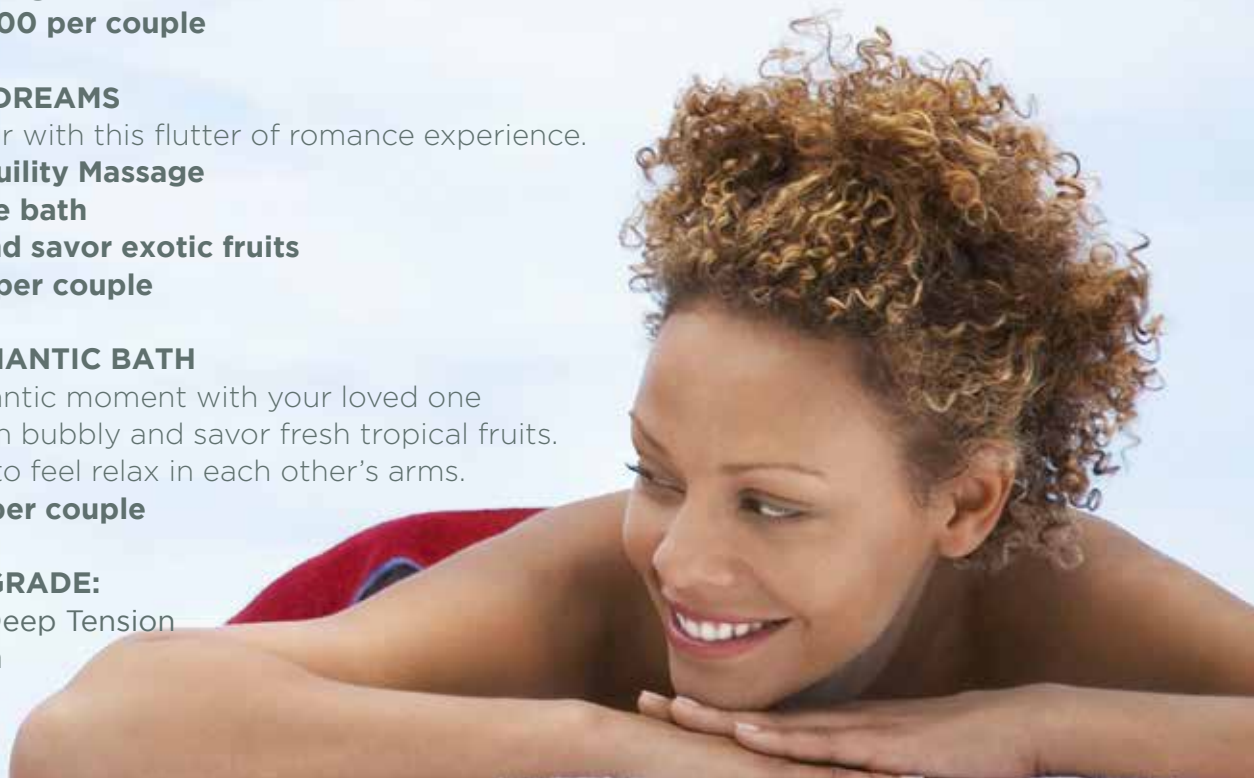
Enjoy this romantic moment with your loved one while you sip on bubbly and savor fresh tropical fruits. A perfect way to feel relax in each other's arms.

30 mins \$130 per couple

PACKAGE UPGRADE:

Upgrade to a Deep Tension

\$10 per person



SALON SERVICES



NAIL CARE

BASIC MANICURE \$30

Cuticle and nail care is combined with polish or buff and shine for healthy natural nails.

SERENE MANICURE \$60

Indulge in the pleasures of every aspect of this pampering treatment. A moisturizing scrub polishes away dead surface cells along with a hydrating mask rich in antioxidants to revel rejuvenating results. This is followed by a hydrating massage to leave you feeling relaxed.

French Polish add-on \$10

EXPRESS PEDICURE \$45

This pedicure covers the essentials with file, shape, buff and polish. If you're short on time but are desperate for a tidy up and polish, an express pedicure is ideal.

BLISSFUL PEDICURE \$75

Unwind with this foot escape to paradise. Begin with a soothing foot soak to relax you. A Caribbean blend scrub will invigorate you and the warm mask will hydrate your feet. This treatment will leave your feet dancing on air.

Add callus treatment for \$10

DELUXE PEDICURE \$120

If you have not had a pedicure in over three months and your feet need some extra attention. Then this is the pedicure for you. It is customize to your needs of your feet.

GEL MANICURE OR PEDICURE \$70

Gel removal add-on \$10

WAXING SERVICES

EYES, LIP OR CHIN \$15

LIP AND BROW \$25

UNDERARM \$25

CHEST OR BACK FROM \$50

HALF LEG \$40.00 | FULL LEG from \$60

BIKINI \$30 | BRAZILIAN FROM \$60

APPOINTMENTS + CANCELLATIONS

RESERVATION

We recommend reserving your appointment 24 hours in advance, however same day and walk-ins are welcome based on availability.

CANCELLATION OR RESCHEDULE

Should you wish to reschedule or cancel your appointment, please call Serenity Spa 24 hours in advance during spa hours. Failure to reschedule or cancel in advance will result in a 50% charge. No shows will result in a 100% charge.

ARRIVALS

Please arrive 15 minutes prior to your appointment to complete any forms needed prior to your service and to prepare for your treatment.

LATE SHOW

As a courtesy to our clients, late arrivals will receive the remaining available appointment time and will be charged the full service.

CELL PHONES

To ensure all of our guests are enjoying a serene environment, cell phones must be on Silence Mode in the Spa.

NEED HELP CHOOSING YOUR TREATMENT?

Our spa team will help you plan the perfect spa experience based on your specific needs and vacation plans.

WHAT TO WEAR

Depending on your treatment robe, slippers and a locker will be provided for you upon arrival to the Spa. Our spa personnel will guide you through the process.

SHOULD YOU SHAVE BEFORE A TREATMENT?

Shaving is not recommended prior to any body exfoliation treatments and hair removal services. However, we ask that men shave two hours prior to the scheduled treatment.

GIFT CERTIFICATES

Spa Gift Certificates are a wonderful way to give the gift of well-being to those special people in your life. Gift certificates may be purchased at the Spa Reception.

VALUABLES

The Spa is not responsible for damage, loss or stolen belongings. Please leave your valuables in the safe in your room.

*Discounts do not apply to spa packages, couples packages, in-room massages, express services, add-ons, gazebo services and salon services.
Prices reflected as of July 2022*





SERENITY SPA
SINT MAARTEN

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